

**PAIN, ANXIETY, STRESS EVALUATION FORM©**

Date: \_\_\_\_\_ Pet's Name: \_\_\_\_\_ Client: \_\_\_\_\_, # \_\_\_\_\_

Species: \_\_\_\_\_ Breed: \_\_\_\_\_ Age: \_\_\_\_\_ Weight: \_\_\_\_\_

**INSTRUCTIONS:** Circle the number that applies to your animal. **If symptom doesn't apply, leave blank.**  
Use **(1)** for **MILD** symptoms (occurs once or twice a month), **(2)** for **MODERATE** symptoms (occurs several times a month), and **(3)** for **SEVERE** symptoms (you are aware of it almost constantly).

**GROUP A**

- |   |   |  |
|---|---|--|
| 1 - 1 2 3 Abnormal Gait                 | 2 - 1 2 3 Difficult to get up and/or down   | 3 - 1 2 3 Cries or moans at times      |
| 4 - 1 2 3 Problems getting comfortable  | 5 - 1 2 3 Change in attitude/personality    | 6 - 1 2 3 Swishes tail, pins ears      |
| 7 - 1 2 3 Has begun to kick or bite     | 8 - 1 2 3 Shifts weight off of leg          | 9 - 1 2 3 Had recent surgery or injury |
| 10 - 1 2 3 Less active & avoids playing | 11 - 1 2 3 Is guarding part of his/her body | 12 - 1 2 3 Isolates away from others   |

**TOTAL POINTS GROUP A = \_\_\_\_\_**

**GROUP B**

- |   |   |  |
|---|---|--|
| 1 - 1 2 3 Nervous, high strung, high energy | 2 - 1 2 3 Afraid of storms & loud noises  | 3 - 1 2 3 Eyes and/or nose dry             |
| 4 - 1 2 3 Often has digestive problems      | 5 - 1 2 3 Does not adapt well to change   | 6 - 1 2 3 Obsessive or compulsive issue    |
| 7 - 1 2 3 Aggressive or fear biter          | 8 - 1 2 3 Fails to calm easily once upset | 9 - 1 2 3 Psoriasis rash that comes & goes |
| 10 - 1 2 3 Sweats a lot or excessive        | 11 - 1 2 3 Vomits with excitement         | 12 - 1 2 3 Quick moves, startle easily     |

**TOTAL POINTS GROUP B = \_\_\_\_\_**

**GROUP C**

- |  |   |   |
|--|---|---|
| 1 - 1 2 3 Nose and/or eyes watery      | 2 - 1 2 3 Poor coat, balding or excessive     | 3 - 1 2 3 Slow start or mover               |
| 4 - 1 2 3 Not interested in much, lazy | 5 - 1 2 3 Gains weight easily or in odd place | 6 - 1 2 3 Joint stiffness upon rising       |
| 7 - 1 2 3 Diarrhea &/or constipation   | 8 - 1 2 3 Wounds, skin lesions slow healing   | 9 - 1 2 3 Poor circulation, cold intolerant |
| 10 - 1 2 3 Tends to get infections     | 11 - 1 2 3 Weak ligaments, back problems      | 12 - 1 2 3 Body odor, dandruff or oily skin |

**TOTAL POINTS GROUP C = \_\_\_\_\_**

**TOTAL POINTS A, B, C = \_\_\_\_\_**

**SCORING:** A minimum of 8 points in any one category or 15 points total indicates an animal that has pain and or autonomic nervous system imbalances significant to warrant the benefits of Alpha-Stim©.